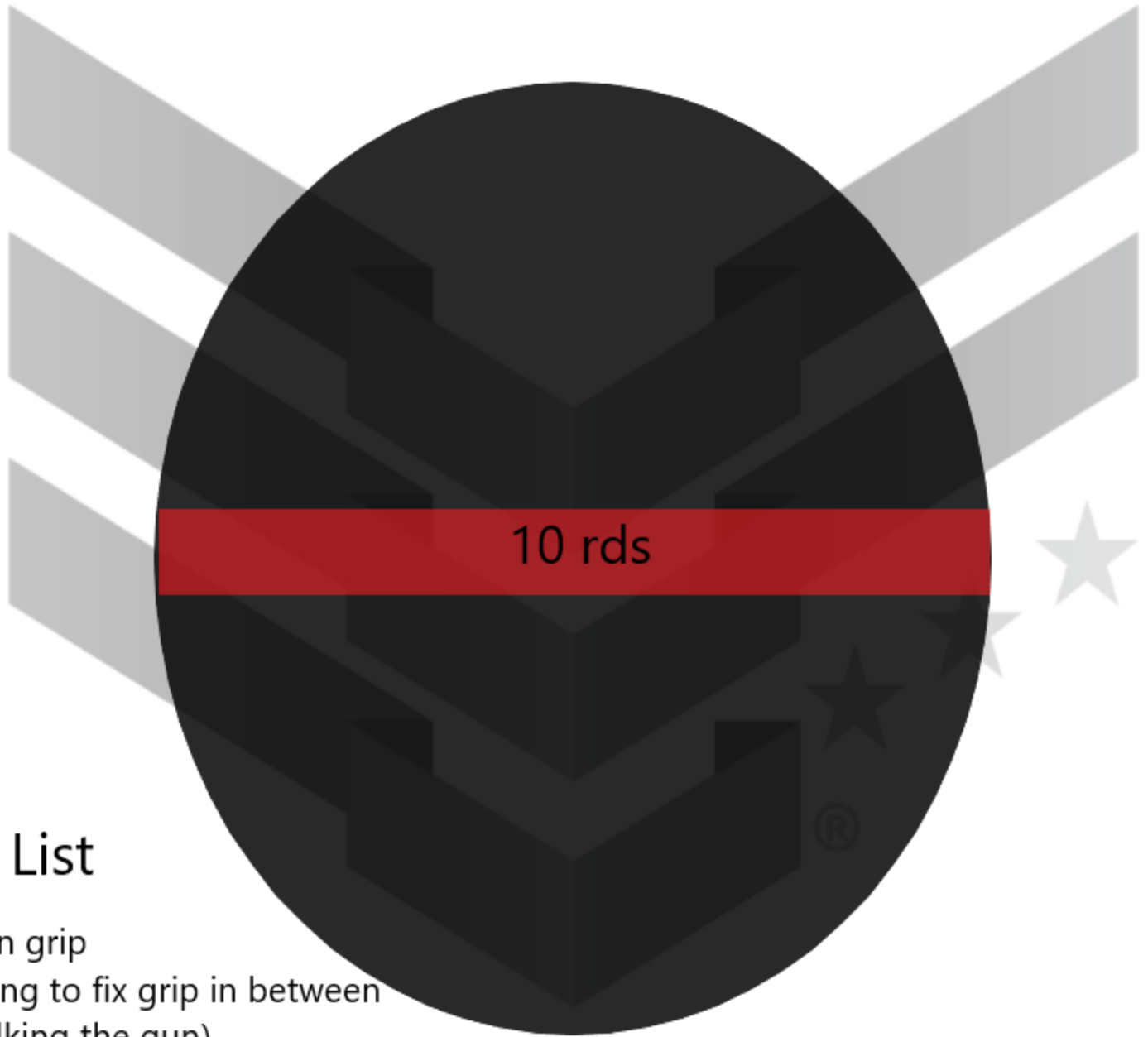


# Get a Grip!

10 rounds In the circle focus on keeping your grip locked in and firm. Sights, Press, Quick Reset.



## Check List

- Locked in grip
- Not having to fix grip in between shots (milking the gun)
- Trigger work, slack, press, Immediate reset.
- Acceptable Sight picture for the range you are at.
- Good cadence for the distance you are at.